

**NCAA Division I 2009 Outdoor**  
**Track & Field Midwest Regional**  
**Norman, OK - 5/29/2009 to 5/30/2009**  
**Meet Program - Saturday May 30, 2009**

**Event 19 Men Hammer Throw****Saturday 5/30/2009 - 11:00 AM****3 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.**

**American: 82.52m 9/7/1996 Lance Deal**  
**College Best: 82.56m 8/23/1995 Balazs Kiss**  
**Midwest Regn: 69.95m 5/31/2008 Egor Agafonov**  
**Facility: 73.69m 2008 Jerome Bortoluzzi**

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

**Flight 1 of 3 Finals**

1	525 Chris Hellekson	JR	Montana		57.11m
2	403 Robert Drye	FR	Air Force		57.17m
3	426 Chase Dukes	SR	Colorado		57.44m
4	462 Matt Banse	FR	Iowa		57.19m
5	593 Scott Johnson	JR	N. Dakota St.		56.10m
6	680 Matt Langdon	JR	Stephen F Austin		57.56m
7	409 Dan Paladino	JR	Air Force		57.08m
8	608 Lucas Cook	SR	UNI		57.30m

**Flight 2 of 3 Finals**

1	534 David Phillips	FR	Montana St.		57.66m
2	425 Patrick Bachmann	JR	Colorado		57.68m
3	505 Andy Bastian	SR	Minnesota		59.78m
4	570 Brett Suckstorf	JR	Nebraska		58.88m
5	492 Nate Brummet	SR	Kansas St.		58.00m
6	561 Eric Petersen	JR	Nebraska		58.94m
7	530 Pat Eckerson	JR	Montana St.		58.64m
8	831 Sam Lambert	JR	Wyoming		59.71m

**Flight 3 of 3 Finals**

1	556 Keith Lloyd	SR	Nebraska		60.83m
2	522 Aaron Studt	JR	Minnesota		60.04m
3	480 Zac Brouillette	SR	Iowa St.		60.18m
4	833 Jake Shanklin	SR	Wyoming		67.03m
5	795 Dimitrios Fylladitakis	SO	UTEP		68.66m
6	637 Buck Sullivan	JR	Oklahoma		60.02m
7	437 Alex Godell	SR	Colo St		67.37m
8	794 Hans Eriksson	JR	UTEP		64.56m
9	664 Chris Cralle	JR	Sam Houston St.		65.53m

**Event 37 Women Shot Put****Saturday 5/30/2009 - 12:15 PM****3 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.**

**American: 20.18m 6/25/1988 Ramona Pagel**  
**College Best: 18.99m 5/7/1983 Meg Ritchie**  
**Midwest Regn: 18.05m 5/26/2006 Becky Breisch**  
**Facility: 18.02m 1989 Connie Price**

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

**Flight 1 of 3 Finals**

1	107 Allison Jones	JR	Montana St.		14.70m
2	237 Kaitlyn Andrews	JR	Stephen F Austin		14.61m
3	149 Corissa Hutchinson	JR	New Mexico St.		14.55m
4	266 Amanda VanDyke	FR	Texas		14.65m
5	332 Amanda Ferris	SR	Texas-Pan Am		14.53m
6	111 Kris Schaffer	JR	Montana St.		14.32m
7	83 DeAnne Hahn	FR	Minnesota		14.69m
8	109 Amanda Murphy	SO	Montana St.		14.69m
9	56 LaisHEMA Hampton	FR	Iowa St.		14.80m
10	151 Amanda Benz	SR	N. Dakota St.		14.48m

**Flight 2 of 3 Finals**

1	55 Danielle Frere	FR	Iowa St.		14.93m
2	240 Frednisha Marshall	JR	Stephen F Austin		14.82m
3	130 Amanda Latsch	SO	Nebraska		14.82m
4	53 Britta Christofferson	SO	Iowa St.		15.00m
5	194 Merritt Dietz	SR	Okla St.		15.47m
6	173 Sarah Harms	SR	UNI		14.86m
7	66 Emily Reimer	SR	Kansas		15.23m
8	305 D'Andra Carter	SR	Texas Tech		15.10m
9	221 Sara Ackman	JR	S. Dakota St.		15.02m
10	42 Kiara Pulliam	SO	Houston		14.95m

**Flight 3 of 3 Finals**

1	31 Jennifer Ugochukwu	JR	Colo St		15.54m
2	247 Candis Kelley	SR	TCU		15.67m
3	255 Jordyn Brown	JR	Texas		16.51m
4	2 Sara Neubauer	JR	Air Force		15.51m
5	312 Patience Knight	SR	Texas Tech		16.74m
6	28 Missy Faubus	SR	Colo St		16.16m
7	227 Simone DuToit	FR	SMU		16.31m
8	176 Amy Backel	JR	Oklahoma		15.78m
9	245 Stormy Harrison	SO	TCU		16.02m
10	64 Stephanie Horton	SR	Kansas		15.47m
11	136 Kacie Sharp	SR	Nebraska		16.06m

**NCAA Division I 2009 Outdoor  
Track & Field Midwest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Event 36 Women Triple Jump****Saturday 5/30/2009 - 1:00 PM****3 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.**

**American:** 14.45m 7/11/2004 Tiombe Hurd  
**College Best:** 14.22m 5/25/1997 Trecia Smith  
**Midwest Regn:** 13.97m 5/31/2008 Blessing Okagbare  
**Facility:** 13.43m 2005 Chaytan Hill

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

**Flight 1 of 3 Finals**

1	180 Dominique Jacobs	SR	Oklahoma		12.36m
2	44 Nadriah Shakir	SO	Houston		12.33m
3	205 Alexis Tanner	SR	Prairie View		12.29m
4	202 LaTanya Short	SO	Oral Roberts		12.35m
5	294 Monique Gates	SR	Texas Southern		12.33m
6	192 Clarissa Andrews	SO	Okla St.		12.39m
7	14 Stasia Kelly-Taylor	SR	Baylor		12.42m
8	299 Asiya Iskakova	JR	Texas St.		12.48m
9	244 Whitney Gipson	FR	TCU		12.39m

**Flight 2 of 3 Finals**

1	206 Sarah Agara	SO	Rice		12.52m
2	193 Baiba Blumbaha	SR	Okla St.		12.56m
3	74 TiAra Walpool	SO	Kansas St.		12.62m
4	243 Neidra Covington	JR	TCU		12.83m
5	157 Kristen Killoran	FR	N. Dakota St.		12.49m
6	186 TiAnca Mock	SO	Oklahoma		12.53m
7	128 Tara Korshoj	FR	Nebraska		12.66m
8	179 Latoya Heath	JR	Oklahoma		12.70m
9	345 Erika Kovesi	SR	Wichita St.		12.53m

**Flight 3 of 3 Finals**

1	288 Angela Thomas	SR	Texas A&M		12.95m
2	132 Leandra McGruder	JR	Nebraska		13.01m
3	329 Blessing Okagbare	JR	UTEP		13.73m
4	289 Vashti Thomas	FR	Texas A&M		12.92m
5	51 Renee White	SR	Iowa		13.38m
6	285 Yasmine Regis	SR	Texas A&M		13.55m
7	19 Jessica Ubanyionwu	FR	Baylor		12.92m
8	271 Ashika Charan	JR	Texas A&M		13.09m
9	261 Chantel Malone	SO	Texas		13.24m
10	283 Tiffany Peters	SO	Texas A&M		12.89m

**Event 40 Women Javelin Throw****Saturday 5/30/2009 - 2:30 PM****2 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.**

**American:** 64.19m 5/16/2007 Kim Kreiner  
**College Best:** 61.82m 6/13/2004 Irina Kharun  
**Midwest Regn:** 56.91m 5/26/2006 Dana Pounds  
**Facility:** 55.80m 1989 Donna Mayhew

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

**Flight 1 of 2 Finals**

1	174 Emily Prinsen	JR	UNI		44.33m
2	112 Lena Suek	SO	Montana St.		45.89m
3	125 Roxi Grizzle	FR	Nebraska		45.46m
4	276 Hali Henderson	SR	Texas A&M		44.53m
5	46 Brittany Williams	JR	Houston		44.13m
6	1 Paige Blackburn	FR	Air Force		46.12m
7	257 Kelly Heinbaugh	SR	Texas		44.15m
8	5 Katie Weber	JR	Air Force		44.27m
9	73 Ashley Reider	SR	Kansas St.		44.38m

**Flight 2 of 2 Finals**

1	268 Laura Asimakis	SO	Texas A&M		49.75m
2	187 Katelyn Penner	FR	Oklahoma		46.86m
3	284 Hillary Pustka	SO	Texas A&M		47.50m
4	327 Laura Macauley	FR	UTEP		48.01m
5	142 Katie Coronado	SR	New Mexico		55.18m
6	331 Anna Wessman	FR	UTEP		54.23m
7	71 Ali Pistora	SO	Kansas St.		48.79m
8	277 Emalie Humphreys	SO	Texas A&M		49.10m
9	113 Emily Tyrrell	SO	Montana St.		50.63m

**NCAA Division I 2009 Outdoor  
Track & Field Midwest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Event 14 Men Pole Vault****Saturday 5/30/2009 - 3:00 PM****Jump Heights: 4.91- 5.06- 5.16- 5.26- 5.36- 5.46- 5.56- 5.66 +****Five-alive jumping format until fewer than 9 remaining.****Use Rule 7.1.6c.1 jump-off format to establish distinct 5th final place for advancement purposes only.**

**American: 6.04m 6/8/2008 Brad Walker**  
**College Best: 5.98m 5/25/1996 Lawrence Johnson**  
**Midwest Regn: 5.51m 5/31/2008 Jordan Scott**  
**Facility: 5.90m 1986 Joe Dial**

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

**Flight 1 of 1 Finals**

1	592 Shawn Francis	SR	N. Dakota St.		5.20m
2	659 Jason Colwick	JR	Rice		5.72m
3	447 Bryan Brown	SO	Houston		5.05m
4	612 Phil Hanson	SO	UNI		5.25m
5	564 Nate Polacek	FR	Nebraska		5.13m
6	606 Mike Beese	JR	UNI		5.21m
7	753 Dmitri Kabakov	SR	Texas St.		5.05m
8	446 Alex Bentley	JR	Houston		5.20m
9	547 Luke Franssen	FR	Nebraska		5.05m
10	487 Kirk Cooper	JR	Kansas		5.05m
11	404 Nick Frawley	JR	Air Force		5.30m
12	540 Seth Burney	SO	Nebraska		5.41m
13	650 Joel Miller	SO	Oral Roberts		4.75m
14	721 Maston Wallace	SO	Texas		5.55m
15	773 Brian Porter	JR	Texas Tech		5.25m
16	552 Zac Holoch	SR	Nebraska		5.10m
17	716 Will Paine	JR	Texas		5.10m
18	615 Sam Kranz	FR	UNI		5.05m
19	678 Tyler Schiferl	SR	S. Dakota St.		5.05m
20	434 Doug Dieker	SO	Colo St		5.05m
21	521 Brock Spandl	SO	Minnesota		5.20m
22	605 Jordan Wehr	SO	North Texas		5.35m
23	539 Pat Burke	SR	Nebraska		5.05m
24	787 Wade Hayes	JR	TexasArlington		5.05m
25	516 Joe Plencner	JR	Minnesota		5.15m
26	824 Beau Morris	SR	Wichita St.		5.15m

**Event 33 Women High Jump****Saturday 5/30/2009 - 3:30 PM****Jump Heights: 1.70- 1.74- 1.78- 1.81- 1.84- 1.87- 1.90- 1.93 +****Five-alive jumping format until fewer than 9 remaining.****Use Rule 7.1.6c.1 jump-off format to establish distinct 5th final place for advancement purposes only.**

**American: 2.03m 7/8/1988 Louise Ritter**  
**College Best: 2.00m 5/22/1997 Amy Acuff**  
**Midwest Regn: 1.93m 5/25/2007 Destinee Hooker**  
**Facility: 1.95m 1983 Louise Ritter**

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

**Flight 1 of 1 Finals**

1	233 Viktoria Leks	FR	SMU		1.80m
2	218 Dess Meek	SO	Sam Houston St.		1.75m
3	92 Caitlin Roemhildt	SR	Minnesota		1.75m
4	115 Epley Bullock	JR	Nebraska		1.86m
5	259 Victoria Lucas	FR	Texas		1.75m
6	314 Kelsey Lloyd	SO	Texas Tech		1.75m
7	352 Johnna Jeffries	JR	Wyoming		1.75m
8	258 Destinee Hooker	JR	Texas		1.95m
9	297 Valerie Hancock	JR	Texas St.		1.81m
10	172 Rachael Stevens	SR	N. Colorado		1.75m
11	137 Audrey Svane	SO	Nebraska		1.75m
12	299 Asiya Iskakova	JR	Texas St.		1.76m
13	199 Mercedes Bellamy	SR	Oral Roberts		1.75m
14	91 Liz Roehrig	SR	Minnesota		1.81m
15	223 Lora Shearer	SO	S. Dakota St.		1.70m
16	182 Katherine Johnson	SR	Oklahoma		1.78m
17	296 Katherine Evans	JR	Texas St.		1.81m

**Event 16 Men Triple Jump****Saturday 5/30/2009 - 5:00 PM****3 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.**

**American: 18.09m 7/27/1996 Kenny Harrison**  
**College Best: 17.92m 5/20/1995 James Beckford**  
**Midwest Regn: 16.76m 5/31/2008 Shardae Boutte**  
**Facility: 16.53m 1987 Kenny Harrison**

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

**Flight 1 of 3 Finals**

1	822 Ian Lindstrom	SR	Wichita St.		15.30m
2	432 Nnamdi Agwu	JR	Colo St		15.08m
3	497 Emmanuel Neizer	SO	Kansas St.		15.21m
4	784 Andrew Duncan	FR	TexasArlington		15.23m
5	559 Chris Nuttelman	JR	Nebraska		15.03m
6	533 Kevin Ludwig	SR	Montana St.		15.13m
7	756 Goldstein Okafor	SO	Texas St.		15.09m
8	563 Chris Phipps	FR	Nebraska		15.09m
9	755 Ikenna Obonna	JR	Texas St.		15.10m
10	457 Jeremy Kelley	SR	Houston		15.25m

**NCAA Division I 2009 Outdoor  
Track & Field Midwest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Flight 2 of 3 Finals...(Event 16 Men Triple Jump)**

1	821 Josh Crawford	SO	Wichita St.	15.45m
2	699 Devon Bond	SO	Texas	15.39m
3	631 Neelon Greenwood	JR	Oklahoma	15.39m
4	488 Corey Fuller	FR	Kansas	15.36m
5	451 Lamar Delaney	FR	Houston	15.38m
6	581 Ty Kirk	FR	New Mexico	15.52m
7	667 Chris Gilchrist	JR	Sam Houston St.	15.56m
8	747 Ayo Animashaun	JR	Texas Southern	15.45m
9	828 Jeremiah James	SO	Wyoming	15.47m
10	748 Joseph Owes	JR	Texas Southern	15.32m

**Flight 3 of 3 Finals**

1	676 Ben Jasinski	SO	S. Dakota St.	15.62m
2	731 Keenan Hall	SO	Texas A&M	15.63m
3	661 Ugo Nduaguba	SO	Rice	15.68m
4	741 Julian Reid	SO	Texas A&M	16.72m
5	449 Christopher Carter	SO	Houston	16.34m
6	743 Zuheir Sharif	JR	Texas A&M	16.27m
7	624 Will Claye	FR	Oklahoma	17.01m
8	730 Melvin Echard	SO	Texas A&M	15.99m
9	776 Darrell Roddick	JR	Texas Tech	16.13m
10	745 Tyron Stewart	SO	Texas A&M	16.56m

**Event 31 Women 4x100 Meter Relay****Saturday 5/30/2009 - 5:00 PM****2 Heats - Advance heat winners plus next best 6 times to final**

<b>American:</b>	<b>41.47</b>	<b>8/9/1997</b>	<b>World Championship Team</b>
<b>College Best:</b>	<b>42.50</b>	<b>6/2/1989</b>	<b>Louisiana State</b>
<b>Midwest Regn:</b>	<b>43.03</b>	<b>5/26/2006</b>	<b>Texas</b>
<b>Facility:</b>	<b>43.14</b>	<b>1989</b>	<b>USOF-South</b>

Lane	Team	Relay	Prelims
------	------	-------	---------

**Section 1 of 1 Finals**

1	Minnesota		45.86
2	TexasArlington		45.65
3	Baylor		44.66
4	Houston		43.72
5	Texas A&M		43.38
6	Oklahoma		44.09
7	TCU		44.37
8	Texas Tech		45.04

**Event 11 Men 4x100 Meter Relay****Saturday 5/30/2009 - 5:10 PM****3 Heats - Advance heat winners plus next best 5 times to final**

<b>American:</b>	<b>37.40</b>	<b>8/21/1993</b>	<b>World Championship Team</b>
<b>College Best:</b>	<b>38.04</b>	<b>6/2/1998</b>	<b>Texas Christian</b>
<b>Midwest Regn:</b>	<b>38.93</b>	<b>5/31/2008</b>	<b>Texas A&amp;M</b>
<b>Facility:</b>	<b>38.65</b>	<b>1989</b>	<b>USOF-South</b>

Lane	Team	Relay	Prelims
------	------	-------	---------

**Section 1 of 1 Finals**

1	Texas Tech		40.27
2	Iowa		39.94
3	Baylor		39.78
4	Nebraska		39.74
5	Texas A&M		39.05
6	TCU		39.69
7	North Texas		39.61
8	TexasArlington		39.88

**Event 25 Women 1500 Meter Run****Saturday 5/30/2009 - 5:20 PM****One section final. Run at scheduled time for the final.****One waterfall line start.**

<b>American:</b>	<b>3:57.12</b>	<b>7/26/1983</b>	<b>Mary Slaney</b>
<b>College Best:</b>	<b>4:05.81</b>	<b>8/3/1991</b>	<b>Sonja O'Sullivan</b>
<b>Midwest Regn:</b>	<b>4:11.79</b>	<b>5/31/2008</b>	<b>Sally Kipyego</b>
<b>Facility:</b>	<b>4:13.62</b>	<b>1989</b>	<b>Gina Procaccio</b>

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Section 1 of 1 Finals**

1	103 Elizabeth Yetzer	SO	Minnesota	4:24.43
2	291 Meghan Lemke	JR	A&M-CC	4:36.98
3	198 Mihaela Susa	SO	Okla St.	4:18.57
4	49 McKenzie Melander	FR	Iowa	4:26.99
5	303 Lillian Badaru	SO	Texas Tech	4:25.45
6	48 Betsy Flood	FR	Iowa	4:24.91
7	311 Gladys Kipsang	JR	Texas Tech	4:20.18
8	75 Ladia	SR	Minnesota	4:24.90
9	30 Marissa Saunders	SR	Colo St	4:27.13
10	144 Ashley Gibson	JR	New Mexico	4:23.20
11	63 Lauren Bonds	JR	Kansas	4:20.95
12	25 Kirsten Anthony	SR	Colo St	4:25.90
13	133 Ashley Miller	FR	Nebraska	4:26.20
14	70 Liliani Mendez	SR	Kansas St.	4:24.80

**NCAA Division I 2009 Outdoor  
Track & Field MidWest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Event 5 Men 1500 Meter Run****Saturday 5/30/2009 - 5:30 PM****2 Heats - Advance top 4 in each plus next best 4 times****One waterfall line start.****American: 3:29.30 8/28/2005 Bernard Lagat****College Best: 3:30.56 8/11/1999 Bernard Lagat****Midwest Regn: 3:40.21 5/26/2007 Leonel Manzano****Facility: 3:42.74 1989 John Quade**

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	576 David Bishop	JR New Mexico	3:51.97
2	815 Justin Duncan	SO Tulsa	3:52.79
3	643 German Fernandez	FR Okla St.	3:50.78
4	433 Wil Buchanan	JR Colo St	3:45.86
5	636 Rob Sorrell	SO Oklahoma	3:45.88
6	506 Ben Blankenship	SO Minnesota	3:45.14
7	408 Sebastian Ortiz	SR Air Force	3:51.12
8	445 Leyden Tolhurst	SR Drake	3:49.86
9	712 Kyle Miller	SR Texas	3:52.46
10	578 Lee Emanuel	SR New Mexico	3:44.29
11	401 Dan Castle	SR Air Force	3:51.97
12	518 Andy Richardson	FR Minnesota	3:46.07

**Event 18 Men Discus Throw****Saturday 5/30/2009 - 5:30 PM****2 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.****American: 72.34m 7/7/1981 Ben Plucknett****College Best: 67.66m 5/29/2004 Hannes Hopley****Midwest Regn: 68.99m 5/26/2006 Egor Agafonov****Facility: 64.66m 2008 Mike Robertson**

Pos	Name	Yr	School	Seed Mark
-----	------	----	--------	-----------

**Flight 1 of 2 Finals**

1	508 Trey Davis	FR Minnesota	52.63m
2	470 Ryan Lamparek	FR Iowa	54.04m
3	515 Jerry Netland	SR Minnesota	51.80m
4	832 Joe Plante	FR Wyoming	54.63m
5	484 Robbie Utterback	SO Iowa St.	54.92m
6	816 Tim Nedow	FR Tulsa	49.79m
7	455 Brandon Hubbard	JR Houston	51.95m
8	465 Nick Brayton	FR Iowa	55.15m
9	769 Brett McDaniel	SO Texas Tech	52.06m
10	467 AJ Curtis	SR Iowa	53.65m

**Flight 2 of 2 Finals**

1	601 Brock Stickler	SR North Texas	55.54m
2	623 Luke Bryant	FR Oklahoma	58.56m
3	746 Hickel Woolery	SR A&M-CC	57.72m
4	703 Brandon Drenon	JR Texas	57.07m
5	486 Brian Bishop	SO Kansas	57.17m
6	634 Colin Quirke	FR Oklahoma	56.79m
7	673 Jon Tipton	SR Sam Houston St.	59.90m
8	501 Eric Thomas	JR Kansas St.	55.62m
9	691 Tommy Killen	JR TCU	55.16m
10	551 Tyler Hitchler	FR Nebraska	57.26m

**Event 29 Women 100 Meter Hurdles****Saturday 5/30/2009 - 5:45 PM****3 Heats - Advance heat winners plus next best 5 times to final****American: 12.33 7/23/2000 Gail Devers****College Best: 12.48 6/9/2006 Virginia Powell****Midwest Regn: 12.91 5/28/2004 Raasin McIntosh-Priscilla****Facility: 12.94 2005 Priscilla Lopes**

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	47 Karessa Farley	SO Iowa	13.67
2	200 Autumn Hubbard	SR Oral Roberts	13.64
3	34 Moriam-Seun Adigun	SR Houston	13.47
4	281 Gabby Mayo	SO Texas A&M	12.99
5	289 Vashti Thomas	FR Texas A&M	13.42
6	179 Latoya Heath	JR Oklahoma	13.36
7	52 Jenna Caffrey	JR Iowa St.	13.65
8	161 Alysha Adams	SO North Texas	13.68

**Event 9 Men 110 Meter Hurdles****Saturday 5/30/2009 - 5:55 PM****3 Heats - Advance heat winners plus next best 5 times to final****American: 12.90 7/11/2006 Dominique Arnold****College Best: 13.00 5/6/1979 Renaldo Nehemiah****Midwest Regn: 13.54 5/26/2007 Marlon Odom****Facility: 13.69 1976 Harry Smith**

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	402 Kellen Curry	SR Air Force	13.93
2	489 Keith Hayes	FR Kansas	13.73
3	771 Omo Osaghae	JR Texas Tech	13.69
4	733 De'Lon Isom	JR Texas A&M	13.62
5	571 Kirkland Thornton	SR Nebraska	13.63
6	546 Lehann Fourie	SO Nebraska	13.64
7	715 Elliot O'Hare	SR Texas	13.89
8	567 Tyrell Ross	JR Nebraska	13.96

**NCAA Division I 2009 Outdoor  
Track & Field Midwest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Event 21 Women 100 Meter Dash****Saturday 5/30/2009 - 6:05 PM****3 Heats - Advance heat winners plus next best 5 times to final**

**American:** 10.49 7/16/1988 Florence Griffith Joyner  
**College Best:** 10.78 6/3/1989 Dawn Sowell  
**Midwest Regn:** 11.13 5/28/2005 Marshevet Hooker  
**Facility:** 11.13 2005 Marshevet Hooker

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	185	Scottesha Miller	SO Oklahoma	11.40
2	329	Blessing Okagbare	JR UTEP	11.33
3	281	Gabby Mayo	SO Texas A&M	11.25
4	253	Alexandria Anderson	SR Texas	11.07
5	279	Porscha Lucas	JR Texas A&M	11.15
6	252	Jessica Young	JR TCU	11.23
7	18	Tiffany Townsend	SO Baylor	11.37
8	274	Dominique Duncan	FR Texas A&M	11.49

**Event 1 Men 100 Meter Dash****Saturday 5/30/2009 - 6:10 PM****4 Heats - Advance heat winners plus next best 4 times to final**

**American:** 9.77 6/28/2008 Tyson Gay  
**College Best:** 9.90 7/27/1996 Ato Boldon  
**Midwest Regn:** 10.07 5/30/2003 DaBryan Blanton  
**Facility:** 10.04 1976 John Garrison

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	460	Isiah Sweeney	FR Houston	10.35
2	786	Cordero Gray	SO TexasArlington	10.26
3	496	Mike Myer	SR Kansas St.	10.33
4	739	Gerald Phiri	SO Texas A&M	10.20
5	417	Trey Harts	JR Baylor	10.31
6	717	Trevante Rhodes	FR Texas	10.43
7	635	Mookie Salaam	FR Oklahoma	10.30
8	693	Otis McDaniel	SR TCU	10.36

**Event 23 Women 400 Meter Dash****Saturday 5/30/2009 - 6:15 PM****4 Heats - Advance heat winners plus next best 4 times to final**

**American:** 48.70 9/17/2006 Sanya Richards  
**College Best:** 49.89 7/17/2004 Sanya Richards  
**Midwest Regn:** 50.49 5/28/2004 Sanya Richards  
**Facility:** 51.71 1989 Terri Dendy

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	224	Heather Wollman	JR S. Dakota St.	54.27
2	17	Katrina Taylor	SR Baylor	54.02
3	336	Jennifer Mace	SO Tulsa	53.67
4	269	Jessica Beard	SO Texas A&M	53.11
5	178	Leslie Cole	SR Oklahoma	52.42
6	323	Endurance Abinuwa	SO UTEP	52.81
7	242	Jessica Clarke	SR TCU	53.96
8	246	Kristal Juarez	SO TCU	53.79

**Event 3 Men 400 Meter Dash****Saturday 5/30/2009 - 6:20 PM****4 Heats - Advance heat winners plus next best 4 times to final**

**American:** 43.18 8/26/1999 Michael Johnson  
**College Best:** 43.50 8/5/1992 Quincy Watts  
**Midwest Regn:** 44.50 5/29/2004 Jeremy Wariner  
**Facility:** 44.73 1992 Michael Johnson

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	553	Lukas Hulett	JR Nebraska	46.34
2	692	Matt Love	SO TCU	46.19
3	736	Bryan Miller	SO Texas A&M	45.69
4	587	Jarrin Solomon	SR New Mexico	45.96
5	737	Justin Oliver	SR Texas A&M	45.55
6	775	Gil Roberts	SO Texas Tech	45.71
7	663	Michael Courtney	SR Sam Houston St.	46.08
8	619	Terrance Reid	SR UNI	46.15

**Event 24 Women 800 Meter Run****Saturday 5/30/2009 - 6:25 PM****3 Heats - Advance top 2 in each plus next best 2 times to final****One turn stagger.**

**American:** 1:56.40 8/11/1999 Jearl Miles-Clark  
**College Best:** 1:58.33 8/16/1985 Claudette Groenendaal  
**Midwest Regn:** 2:02.03 5/26/2007 Heather Dorniden  
**Facility:** 2:01.88 1989 Suzy Favor

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	3	Ally Romanko	JR Air Force	2:08.66
2	235	Ilyssa Pettigrew	SR SMU	2:07.84
3	156	Laura Hermanson	SR N. Dakota St.	2:09.37
4	80	Heather Dorniden	SR Minnesota	2:06.09
5	307	Asia Diaz	SR Texas Tech	2:06.77
6	155	Brittany Gigstead	SO N. Dakota St.	2:06.87
7	100	Nikki Swenson	SO Minnesota	2:08.11
8	121	Blaire Dinsdale	FR Nebraska	2:09.92

**NCAA Division I 2009 Outdoor  
Track & Field MidWest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Event 4 Men 800 Meter Run****Saturday 5/30/2009 - 6:30 PM****3 Heats - Advance top 2 in each plus next best 2 times to final****One turn stagger.**

**American: 1:42.60 8/28/1985 Johnny Gray**  
**College Best: 1:41.77 8/26/1984 Joaquim Cruz**  
**Midwest Regn: 1:45.68 5/31/2008 Jacob Hernandez**  
**Facility: 1:46.48 2005 Dmitijis Milkevics**

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	468	Adam Hairston	JR Iowa	1:49.15
2	799	Dominic Tanui	SR UTEP	1:48.57
3	494	Jason Collett	SR Kansas St.	1:48.74
4	616	Tyler Mulder	SR UNI	1:48.09
5	705	Tevan Everett	SR Texas	1:48.63
6	416	Chris Gowell	JR Baylor	1:48.14
7	701	Mike Carmody	SR Texas	1:49.08
8	566	Blaise Rewaka	SO Nebraska	1:49.98

**Event 30 Women 400 Meter Hurdles****Saturday 5/30/2009 - 6:40 PM****3 Heats - Advance heat winners plus next best 5 times to final**

**American: 52.61 8/11/1995 Kim Batten**  
**College Best: 53.47 8/29/1991 Janeene Vickers**  
**Midwest Regn: 54.37 5/28/2003 Shauna Smith**  
**Facility: 54.37 2005 Shauna Smith**

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	146	Kim Perkins	JR New Mexico	1:00.04
2	54	Kianna Elahi	FR Iowa St.	59.63
3	337	April Montgomery	SR Tulsa	59.35
4	309	Sandra Iwunze	JR Texas Tech	59.02
5	256	Angele Cooper	FR Texas	58.18
6	248	Kishelle Paul	SR TCU	58.39
7	154	Whitney Carlson	SO N. Dakota St.	58.45
8	314	Kelsey Lloyd	SO Texas Tech	59.60

**Event 10 Men 400 Meter Hurdles****Saturday 5/30/2009 - 6:50 PM****4 Heats - Advance heat winners plus next best 4 times to final**

**American: 46.78 8/6/1992 Kevin Young**  
**College Best: 47.10 8/7/1991 Samuel Matete**  
**Midwest Regn: 49.53 5/31/2008 Robert Griffin**  
**Facility: 49.00 1989 Nat Page**

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	558	Nick Makukutu	SO Nebraska	51.20
2	656	Jason Mitchell	SR Prairie View	51.18
3	609	Cory Goos	JR UNI	50.82
4	477	Ray Varner	JR Iowa	50.54
5	665	Lane Dennis	SR Sam Houston St.	50.25
6	571	Kirkland Thornton	SR Nebraska	50.46
7	543	Adam Dailey	SO Nebraska	50.90
8	618	Greg Offerman	JR UNI	50.90

**Event 22 Women 200 Meter Dash****Saturday 5/30/2009 - 7:00 PM****4 Heats - Advance heat winners plus next best 4 times to final**

**American: 21.34 9/29/1988 Florence Griffith Joyner**  
**College Best: 22.04 6/2/1989 Dawn Sowell**  
**Midwest Regn: 22.32 5/26/2007 Ebonie Floyd**  
**Facility: 22.63 1982 Merlene Ottey**

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	35	Grecia Bolton	FR Houston	23.60
2	62	Nickesha Anderson	SR Kansas	23.45
3	185	Scottesha Miller	SO Oklahoma	23.22
4	252	Jessica Young	JR TCU	23.16
5	279	Porscha Lucas	JR Texas A&M	22.72
6	253	Alexandria Anderson	SR Texas	22.99
7	18	Tiffany Townsend	SO Baylor	23.24
8	274	Dominique Duncan	FR Texas A&M	23.36

**Event 2 Men 200 Meter Dash****Saturday 5/30/2009 - 7:05 PM****5 Heats - Advance heat winners plus next best 3 times to final**

**American: 19.32 8/1/1996 Michael Johnson**  
**College Best: 19.69 5/26/2007 Walter Dix**  
**Midwest Regn: 20.39 5/31/2008 Chris Dykes**  
**Facility: 20.08 1999 Aaron Armstrong**

Lane Name	Yr	School	Prelims
-----------	----	--------	---------

**Section 1 of 1 Finals**

1	496	Mike Myer	SR Kansas St.	20.76
2	786	Cordero Gray	SO TexasArlington	20.75
3	448	Tyron Carrier	SO Houston	20.74
4	635	Mookie Salaam	FR Oklahoma	20.54
5	417	Trey Harts	JR Baylor	20.41
6	728	Chris Dykes	SR Texas A&M	20.48
7	739	Gerald Phiri	SO Texas A&M	20.72
8	797	Anderson Mutegi	SO UTEP	20.72

**NCAA Division I 2009 Outdoor  
Track & Field MidWest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Event 26 Women 3000 Meter Steeplechase****Saturday 5/30/2009 - 7:15 PM****2 Seeded Sections - Slow to Fast - Timed Final. One Waterfall.****No section less than 5.****American: 9:22.26 8/17/2008 Jenny Barringer****College Best: 9:29.20 6/13/2008 Jenny Barringer****Midwest Regn: 9:44.31 5/26/2007 Jennifer Barringer****Facility: 10:12.26 2005 Natalie Florence**

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

**Section 1 of 2 Finals**

1	138 Jennifer Webers	SO Nebraska	10:47.19
2	29 Nicole Peters	FR Colo St	10:46.66
3	33 Casey McDermott	SO Drake	10:44.48
4	23 Emily Hanenburg	SO Colorado	10:43.95
5	292 Sheila Salil	JR A&M-CC	10:54.53

**Section 2 of 2 Finals**

1	214 Lennie Waite	SR Rice	10:00.30
2	22 Emma Coburn	FR Colorado	10:06.54
3	209 Nicole Mericle	JR Rice	10:07.13
4	124 Jessica Furlan	FR Nebraska	10:34.68
5	229 Silje Fjortoft	SO SMU	9:56.73
6	7 Danielle Bradley	JR Baylor	10:10.17
7	348 Rachel York	JR Wichita St.	10:40.27
8	351 Emily Higgins	JR Wyoming	10:30.81
9	50 Hannah Roeder	JR Iowa	10:35.26
10	120 Joslyn Dalton	SR Nebraska	10:28.01
11	213 Becky Wade	SO Rice	10:19.81
12	21 Jennifer Barringer	SR Colorado	9:49.93
13	118 Rachel Carrizales	SR Nebraska	10:09.69
14	326 Risper Kimaiyo	FR UTEP	10:37.54
15	78 Jamie Cheever	SR Minnesota	10:22.40
16	6 Erin Bedell	JR Baylor	9:58.46
17	104 Kara DeWalt	JR Montana	10:31.21

**Event 6 Men 3000 Meter Steeplechase****Saturday 5/30/2009 - 7:40 PM****2 Seeded Sections - Slow to Fast - Timed Final. One Waterfall.****No section less than 5.****American: 8:08.82 7/14/2006 Daniel Lincoln****College Best: 8:05.4h 5/13/1978 Henry Rono****Midwest Regn: 8:40.27 5/31/2003 Bashar Ibrahim****Facility: 8:36.80 1975 Kent McDonald**

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

**Section 1 of 2 Finals**

1	526 Eli Hermann	SR Montana	9:05.41
2	407 Zach Nordahl	JR Air Force	9:05.61
3	441 Spenser Lynass	FR Colo St	9:04.94
4	542 Kyle Custer	JR Nebraska	9:04.90
5	440 Jake Keyser	SO Colo St	9:06.85

**Section 2 of 2 Finals**

1	517 Ben Puhl	SR Minnesota	9:01.70
2	830 Mark Korir	SR Wyoming	8:56.91
3	479 Hillary Bor	SO Iowa St.	8:43.27
4	412 Matt Williams	SR Air Force	8:58.90
5	714 Jake Morse	SR Texas	8:34.57
6	536 David Adams	SO Nebraska	8:43.79
7	681 Keith Mahipala	SR Stephen F Austin	9:03.28
8	560 Brian Parr	JR Nebraska	8:51.89
9	429 Christian Thompson	SO Colorado	8:49.38
10	527 Matt	JR Montana St.	8:56.53
11	735 Kevin McNab	SR Texas A&M	8:56.63
12	410 Justin Tyner	SO Air Force	9:00.68
13	642 David Chirchir	JR Okla St.	8:55.13
14	723 Rob Wetzel	SO Texas	9:02.38
15	589 Alex Willis	SO New Mexico	9:03.56
16	802 Juan Hernandez	SR Texas-Pan Am	9:03.92
17	766 Gilbert Limo	SO Texas Tech	8:50.13

**Event 32 Women 4x400 Meter Relay****Saturday 5/30/2009 - 8:05 PM****2 Seeded Sections - Slow to Fast - Timed Final. Random lanes.****No section less than 4 teams.****American: 3:15.51 10/1/1988 Olympic Team****College Best: 3:23.75 4/3/2004 Texas****Midwest Regn: 3:28.78 5/31/2003 Texas****Facility: 3:26.23 1989 USOF-South**

Lane Team	Relay	Seed Time
-----------	-------	-----------

**Section 1 of 2 Finals**

2	SMU	3:41.50
1) 235 Ilyssa Pettigrew SR	2) 236 Alexandria Smith SO	
3) 228 Amber Evans FR	4) 225 Gayla Cloud SO	
5) 226 Ebony Cuington FR		
3	N. Dakota St.	3:42.94
1) 160 Heather Zander JR	2) 155 Brittany Gigstead SO	
3) 152 Amy Bestland FR	4) 156 Laura Hermanson SR	
5) 154 Whitney Carlson SO	6) 159 Devon Wentz JR	
4	TexasArlington	3:42.07
1) 320 Clarissa Toomer FR	2) 322 Jasmine Walls JR	
3) 317 Markeisha Dudley FR	4) 318 Antonia Hopkins JR	
5) 321 Megan Turner JR		
5	Wyoming	3:39.82
1) 356 Afiya Walker SO	2) 349 Erica Anderson JR	
3) 355 Lindsey Simmons FR	4) 353 Sharon Larrier SR	
5) 354 Jennifer Schmitz JR	6) 350 Shaylee Babbitt SR	

**NCAA Division I 2009 Outdoor  
Track & Field Midwest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Section 2 of 2 Finals...(Event 32 Women 4x400 Meter**

1	Texas Tech	3:37.42
	1) 308 Terra Evans FR	2) 306 Trudeann Clarke JR
	3) 304 Jonisha Boleware JR	4) 314 Kelsey Lloyd SO
	5) 309 Sandra Iwunze JR	6) 307 Asia Diaz SR
2	Oklahoma	3:37.65
	1) 184 Amanda Mayfield SR	2) 178 Leslie Cole SR
	3) 191 Sherine Wells FR	4) 188 Tiara Sims FR
	5) 189 Jalesa Walker SO	6) 185 Scottesha Miller SO
3	Texas A&M	3:34.48
	1) 280 Brittany Machacek SO	2) 275 Allison George SR
	3) 290 Sandy Wooten JR	4) 269 Jessica Beard SO
	5) 279 Porscha Lucas JR	6) 286 Tiffany Singleton
4	Texas	3:32.57
	1) 253 Alexandria Anderson	2) 261 Chantel Malone SO
	3) 256 Angele Cooper FR	4) 263 Stacy-ann Smith FR
	5) 262 Judy Nwosu FR	6) 265 Lakedria Stewart FR
5	Baylor	3:33.66
	1) 17 Katrina Taylor SR	2) 18 Tiffany Townsend SO
	3) 8 Brittany Bruce SO	4) 16 Diamond Richardson FR
	5) 11 Tiana Hood JR	6) 13 Nichole Jones JR
6	TCU	3:33.01
	1) 248 Kishelle Paul SR	2) 242 Jessica Clarke SR
	3) 246 Kristal Juarez SO	4) 252 Jessica Young JR
	5) 250 Haley Shade FR	6) 249 Meaghan Peoples SR
7	Houston	3:37.44
	1) 38 Whitney Harris FR	2) 37 Kalyn Floyd SO
	3) 45 Krysta Swayzer SR	4) 40 Shunda McPherson SO
	5) 35 Grecia Bolton FR	6) 39 Christie Jones SO
8	North Texas	3:39.33
	1) 164 Shayla Hart SR	2) 166 Chrystal Mitchell SR
	3) 167 Brittani Simmons FR	4) 168 Ciara Smith JR
	5) 161 Alysha Adams SO	

**Event 12 Men 4x400 Meter Relay****Saturday 5/30/2009 - 8:20 PM****2 Seeded Sections - Slow to Fast - Timed Final. Random lanes.****No section less than 4 teams.**

**American: 2:54.20 7/22/1998 Goodwill Games Team**  
**College Best: 2:59.59 6/11/2005 LSU**  
**Midwest Regn: 3:01.66 5/26/2007 Baylor**  
**Facility: 3:01.89 1989 USOF-North**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
-------------	-------------	--------------	------------------

**Section 1 of 2 Finals**

2	Stephen F Austin	3:09.99
	1) 683 Chris Moody JR	2) 685 Donavon Sammons SO
	3) 682 Nick McCloud FR	4) 679 Travis Beavers JR
	5) 686 Brian Wall SR	
3	Sam Houston St.	3:09.81
	1) 668 Darryl Hayes SO	2) 665 Lane Dennis SR
	3) 672 John Thomas SR	4) 663 Michael Courtney SR
	5) 662 Leon Banks SR	6) 670 Jay Newman SO
4	UTEP	3:10.45
	1) 792 Suji Adeniyani SO	2) 796 Curtis Kock FR
	3) 799 Dominic Tanui SR	4) 797 Anderson Mutegi SO
5	Prairie View	3:09.36
	1) 656 Jason Mitchell SR	2) 653 Daniel Anderson SR
	3) 652 Jared Alexander SO	4) 654 Jarryd Gray JR
	5) 655 Brandon Hicks SR	
6	Iowa	3:08.81
	1) 478 Steven Willey SO	2) 463 Chris Barton SO
	3) 476 Erik Sowinski FR	4) 477 Ray Varner JR
	5) 472 Patrick Richards FR	
7	Texas	3:08.69
	1) 707 Danzell Fortson SO	2) 705 Tevan Everett SR
	3) 706 Texas Everett JR	4) 718 Andre Thomas SO
	5) 702 Jonathon Collins JR	6) 704 Dereck Dreyer FR

**NCAA Division I 2009 Outdoor  
Track & Field MidWest Regional  
Norman, OK - 5/29/2009 to 5/30/2009  
Meet Program - Saturday May 30, 2009**

**Section 2 of 2 Finals...(Event 12 Men 4x400 Meter Relay)**

1	TexasArlington	3:07.37
	1) 785 Takeshi Fujiwara SR	2) 786 Cordero Gray SO
	3) 791 Aundrea Williams JR	4) 781 Eddie Beckwith SR
	5) 782 Idilio Campos SR	6) 790 Jarid Vaughan JR
2	Texas Tech	3:05.53
	1) 770 Rodney Mims SR	2) 775 Gil Roberts SO
	3) 780 Brandon Washington	4) 759 Lamont Adams SO
	5) 765 Bill Lawhorn SO	6) 762 Tim Foster JR
3	Texas A&M	3:03.56
	1) 742 Joey Roberts FR	2) 736 Bryan Miller SO
	3) 729 Kyle Dykhuizen SO	4) 737 Justin Oliver SR
	5) 732 Tran Howell SO	6) 740 Michael Preble FR
4	UNI	3:08.57
	1) 609 Cory Goos JR	2) 610 Ryan Grenko SR
	3) 616 Tyler Mulder SR	4) 619 Terrance Reid SR
	5) 618 Greg Offerman JR	6) 611 Dennis Hammel
5	Oklahoma	3:08.61
	1) 621 Eric Bailey SO	2) 635 Mookie Salaam FR
	3) 628 Zach Dawson JR	4) 639 Jarell Warren JR
	5) 629 D'Andre Fisher SO	6) 638 Chris Sweeney SO
6	Nebraska	3:06.74
	1) 543 Adam Dailey SO	2) 571 Kirkland Thornton SR
	3) 569 Cylend Simmons SO	4) 553 Lukas Hulett JR
	5) 541 Dan Christensen JR	6) 545 Dale Ervin FR
7	Baylor	3:04.93
	1) 418 Zwede Hewitt FR	2) 420 Michael Liggins JR
	3) 423 JT Scheuerman JR	4) 419 Quentin
	5) 415 Thaddeus Gordon JR	6) 417 Trey Harts JR
8	TCU	3:04.87
	1) 690 Clemore Henry JR	2) 689 Dell Guy JR
	3) 695 Jordan Pitts SO	4) 692 Matt Love SO
	5) 698 Sean Zurko SO	6) 688 Mychal Dungey SO